

Saturday, October 16, 2021 UTC

1:00 AM - 3:00 AM (UTC)

The Quest 2, Part 1 - Jeanne Lambin

Jeanne Lambin returns with a virtual version of one of AIN's most popular events. Let go and see where your improvisational impulses lead!

12:00 PM - 2:00 PM (UTC)

The Quest 2, Part 2 - Jeanne Lambin

Jeanne Lambin returns with a virtual version of one of AIN's most popular events. Let go and see where your improvisational impulses lead!

2:00 PM - 3:00 PM (UTC)

Opening Event - TBA

4:00 PM - 5:30 PM (UTC)

Women, Power, and the Power of AI - Kathy Klotz-Guest

Let's talk about power from our unique and various vantage points leading and following as women. How does the practice and sharing of applied improvisation influence our experience of power? What does it have to offer? Where are the hidden pitfalls? What do we get right? What do we still have to learn?

5:30 PM - 8:00 PM (UTC)

Professional Standards: What Do We Mean? Why Should We Care? - Kat Koppett, Paul Z Jackson

Applied Improvisation came into existence, in alignment with itself, the definition of an emergent field. As we have grown and developed, practitioners have increasingly discussed "professionalizing" our associations and organizations. Some advocate strongly in favor, others against. In this session, we will experientially explore what it might mean to be "professional" and why - or why not - professionalizing our field might be a goal. With this topic as a focus, we will also demo and share facilitation and AI activities, tips, approaches, and secrets.

8:00 PM - 9:30 PM (UTC)

Creating Delicious Fear to Practice Courage - Amy Ressler

In this workshop, we will use a well-tested strategy for creating large group improvised stories, based on mythic themes. "Real" life examples will be shared from over 16 years' experience devising improvised good vs. evil dramas with over 100, intergenerational participants. We will practice several methods of building belief and commitment to the drama, enact one or more exciting episodes, (depending on available time) and deconstruct the experience to reflect, process, and learn from one another.

Sunday, October 17, 2021 UTC

12:00 PM - 1:00 PM (UTC)

Improvise and Succeed: 8 Steps to Learn How to Manage Uncertainty, Build Positive Relationships and Live Well - Katuscia Baggio

I wrote a book with the same title I indicated for the session, where I shared my personal story and I also explain how improv skills, mixed with coaching and leadership development (my professional expertise), is a precious tool to use at work and in life to overcome challenges and insecurities.

1:00 PM - 7:00 PM (UTC)

The Quest 2 - Jeanne Lambin

Jeanne Lambin returns with a virtual version of one of AIN's most popular events. Let go and see where your improvisational impulses lead!

4:00 PM - 5:00 PM (UTC)

Panel Discussion: What Comes Next in Applied Improvisation? - Led by Paul Z Jackson

Join Paul Z Jackson, Jeanne Lambin, and Beth Boynton to discuss 'What comes next in Applied Improvisation?' William Gibson said, 'The future is already here - it's just not evenly distributed. Applied Improvisers have always been pioneers, and here we explore 3 fascinating ways in which AI practitioners are extending our voyage beyond improvisation as expressed in theatre, comedy, and jazz.

5:15 PM - 6:30 PM (UTC)

Inclusion Panel - Kat Koppett and Toby Butterfield

Many of us are from groups that are highly represented in AI work and in the AIN. We want these circles to be more diverse and yet the rate of change is slow. Kat Koppett leads a panel of "the already represented" to explore how we can be better at this. A system of polling for

inclusion will be introduced which will then be used in the middle and end of the conference. Let's get better at this. Yes, let's!

5:30 PM - 7:00 PM (UTC)

Expertly Choosing, Modifying and/or Creating a Game - Caitlin McClure

What's rarely apparent to participants of an exemplary Applied Improvisation experience is how much work goes into the instructional design: identifying precise learning objectives for the activity(-ies), precisely selecting an existing game (and modifying it for the current circumstances or creating a new game altogether), then expertly facilitating and debriefing it. This workshop drills down into the process of selecting from the hundreds of games you already know to determine which one(s) to use and when in response to the client's needs and circumstances of the course or workshop. The field of Applied Improvisation is no longer in its infancy. Help raise the bar of the field of AI through precise and effective game choice and facilitation.

7:00 PM - 8:30 PM (UTC)

The power of "Viable unheard of" in the Brincadas Project - Fernanda Liberali

Due to the health and political problems caused by the Covid-19 pandemic, the Brazilian segment of the Global Play Brigade, the Brincadas Project, organized by an Academic Research Group, has used its theoretical, affective, relational, financial, and research resources to design playful and improvisational educational activities. The project departs from the Vygotskian idea of play and the Freirean concept of the "viable-unheard of", through which people act beyond their limits and construct new possibilities of being, acting, feeling, and living together. It develops playshops to raise awareness of the social-political themes, based on the concept of Engaged Multiliteracy, through which all participants immerse in real situations, emerge in the critical awareness of its historical and political frames, and become responsible for taking actions towards the transformation of unfair conditions of living. In this presentation, first, participants will experience one of the playshops developed in the Brincadas, focusing on women's power during the pandemics. After that, they will learn how the Project has been developed since 2020. Finally, participants are going to be invited for an open discussion on how play and applied improvisation can create the viable unheard-of.

11:00 PM - 12:00 AM (UTC+1 day)

Improv Artivism: Improvisation & Activism for Social Change - Joey Novick

In a post-Trump world, the skills derived from improv create more powerful and strident activists with the uniquely powerful ability to observe 'power relationships', build activist coalitions, communicate persuasive stories, and create revolutionary positive change. Improvisation in life

encourages creative behavior. Activism promotes direct social, political, economic, or environmental reform improving society, governments, and communities of those traditionally oppressed peoples. Forms of activism include engaging politicians, issues campaigning, boycotts, rallies, marches, strikes, and sit-ins. And improvisational theater with regard to power relationships, active engagement, and emotionally intelligent communications. Combining improv and activism is “improv activism”.

Monday, October 18, 2021 UTC

1:00 AM - 2:00 AM (UTC)

Let's get Brave! - Jenny Drescher and Ellen Feldman Ornato

Let's go beyond Yes, And as a principle and get into helping clients apply it in the real world! Bolder Company's BRAVE® model breaks down "working with offers" into digestible, actionable components that help non-improvisers move quickly from the core principle to building muscle memory that helps them create the results they crave. Join Bolder's founding partners, Ellen Feldman Ornato & Jenny Drescher, for some yes, and excavation you'll dig!

2:00 AM - 3:00 AM (UTC)

Reflections on How Improvisation in Research May Enhance Technical Competence - Wati Doctor

A brilliant qualitative researcher is able to take on many roles in the conduct of any piece of research. One of these roles is being a moderator when conducting interviews. Mastery moderating interviews can be further enhanced by activating key improv principles resulting in research that hits all objectives and finds fresh insight into the research at hand. Wati Doctor, founder of Thinkscape Research, and a veteran quantitative and qualitative researcher, takes us through concrete examples of work that exhibit how improvisational dynamics built on solid researcher competencies result in exceptional work that is capable of affecting behavior and culture in impactful ways.

10:00 AM - 11:30 AM (UTC)

Supporting True Inclusivity in Global Conferences - Ria Vita Puangco

An inclusivity perspective from one of the most excluded countries in the world: The Philippines. In the past year, business and social interactions have mostly moved online and people from the longest lockdown in the world adapted furiously. Within 3 months of the lockdown implementation, 3 million Filipinos became part of the Zoom community, and yet, Philippine Standard Time was not included as a time zone option. This detail has been noted again and again among improv practitioners in Third World Improv, noting how this exclusion affected our participation in global conferences and discussions. Ria Vita Puangco, a strategist

and applied improviser, discusses inclusivity measures that can bring lasting change to the treatment of diversity in digital work and collaboration spaces.

12:30 PM - 2:00 PM (UTC)

Your Brain Is a Time Machine: Improvisation, Imagination, and Time Travel - Jeanne Lambin

This powerful quirk of human cognition makes it possible to remember the past, engage with the present, and imagine the future. What better way to explore this unique human ability than through applied improvisation and storytelling? In this short course, through a series of short engaging lectures and experiential activities, we delve into the details of what makes chromesthesia possible, experiential exercises that will help us explore this amazing human ability and in doing so re-imagine our relationship with time and possibility.

2:30 PM - 3:00 PM (UTC)

President's Address - Ed Reggi, AIN Board President

State of the Applied Improvisation Network.

3:00 PM - 4:00 PM (UTC)

The Revolution Will Be Improvised - Kelly Leonard and Anne Libera

In their interactive keynote, "The Revolution Will Be Improvised," they share their experiences of applied improvisation across a broad spectrum of fields: business, caregiving, education, technology, and much more. Plus how they partnered with leading behavioral scientists and futurists to advance applied improvisation. Leonard and Libera look to new partnerships they developed with cutting-edge thinkers and address how improvisation is crucial when looking at the future of work.

4:30 PM - 6:00 PM (UTC)

The Joy of Facilitation: Playing with Everything - Marian Rich and Jeff Gordon

What does it mean to facilitate applied improvisational workshops with a joyful spirit? Is this possible in a world with so much loss? Can we create an environment of vulnerability without being vulnerable ourselves? In this playful, philosophical session, we will bring all that we've learned building the Global Play Brigade where we play with whatever emotions and stories people bring in the room. We (Jeff Gordon and Marian Rich) invite participants to co-create an emergent, improvisational workshop with us. Along the way, we will share our discoveries over the last 18 months of playing and improvising with hundreds of people across borders of all kinds. We are improvisers, humanitarian clowns, and co-founders of the Global Play Brigade – join us to experiment and play with everything!

5:30 PM - 7:00 PM (UTC)

Behind The Scenes of AIN Open Space Sessions - Erica Marx, Reggie Harris, Maarten Joosen, and team

Since March of 2020 team of AIN, volunteers have been running weekly online open space sessions where we create and play games, initiate conversations, innovate, and give and receive support from each other. AIN Online Open Space was born out of the need for mutual support and creativity in a time of crisis and over time has created and deepened friendships, been the source of new business ventures, and has been credited with creating profound change in the lives of participants. In this highly interactive session, you will experience open space yourself while learning how to design and facilitate your own sessions. We will share behind-the-scenes stories, statistics, and the resources we use to run AIN online open space, as well as experiences adapting this simple and powerful structure with clients and organizations outside of AIN. You will leave this workshop with a detailed session design and insight into how you can apply this unconference tool in your own work with groups and teams.

7:00 PM - 8:00 PM (UTC)

Love Play Serve. A manifesto for a leadership revolution. - Sarah McSorley

The world is economically wealthier than it has ever been. Despite this, the world of work isn't working. Our health, communities, and environment have all paid a price. However, it need not be this way. Presenting her manifesto for a Love, Play, Serve approach to leadership. Sarah McSorley introduces participants to the benefits of this approach along with case studies of what good practice looks like. Though-out the session participants will be invited to imagine what the world would look like if we focused on developing and rewarding a compassionate and caring mindset, a playful attitude to problem-solving, and considered consciously who it is that we are serving through our actions. Concluding with a plenary room discussion, participants will also be invited to share their thoughts on the role improvisation and its aligned professions have to play in a workplace revolution.

8:00 PM - 9:00 PM (UTC)

Improvise Your Story: A Writing Workshop - Sloane Miller

Learning about and playing with the rules of applied improvisation, we will address elements of storytelling through exercises that will turn you into a creative powerhouse, brimming with ideas. This workshop is experiential. We will do some improv exercises together and you will write solo.

9:00 PM - 10:00 PM (UTC)

Improventas en español - Fredy Armando Pena - *Session in Spanish*

Sesión en español , ejercicios básicos de improvisación teatral , mediante el cual llevamos una retro alimentación a la parte comercial , técnicas de ventas , negociación y cierre , procesos de toma de decisiones y perdida del miedo a vender , en sala virtual con la participación de los

asistentes de habla hispana , casos de éxito y recomendaciones. Session in Spanish, basic theatrical improvisation exercises, through which we provide feedback to the commercial part, sales techniques, negotiation and closing, decision-making processes and loss of fear of selling, in a virtual room with the participation of the Spanish-speaking assistants, success stories and recommendations.

11:00 PM - 12:30 AM (UTC+1 day)

Aliveness: 9 Leadership Skills to Ignite the Genius of Your People - Shannon Hughes

Howard Thurman said, “Don’t ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is people who have come alive.” Conscious leadership practices are shifting the narrative around what it means to influence teams and catalyze change in organizations of all shapes and sizes. A culture rooted in curiosity, air-tight integrity, and emotional transparency needs the skills to actualize these values with consistency -- in order to manage change, inspire creativity and nurture fruitful connections. Join Shannon Hughes from Enlivened Studios in an interactive workshop, and experience the Aliveness Scaffolding yourself. Shannon will introduce the concepts, keynote style, through research and personal story and then take participants through a handful of exercises rooted in play, exploratory writing, and facilitated discussion. Come for the learning, stay for the joy.

Tuesday, October 19, 2021 UTC

1:00 AM - 2:00 AM (UTC)

How to Ensemble - Dan O'Connor and Jeff Katzman

Prior to the Covid-19 pandemic, we were experiencing what many have called an epidemic of loneliness. This has only become more severe through the isolation and detachment brought on through a year and a half of decreased contact with colleagues, friends, and family. How do we make our way back to discovering our connections? How can improvisation skills help us to deepen the relationships we cherish, and to find our way to connect with new people? Come meet with Jeff and Dan as we focus on how we can bring our best selves to our life ensembles.

2:00 AM - 3:00 AM (UTC)

Emotional Regulation Online - Cheng Zeng

Emotions are essential to change our thoughts and behaviors, especially for leaders and coaches. This session is based on books and theory *How emotions are made*, how we can really bring out positive emotions and moods, especially online. We will practice applied improvisation exercises and link those into theories of emotions, principles of improvisation, then we will become aware of what we really can do for us

6:30 AM - 8:00 AM (UTC)

Understanding the Line Between Inspiration and Appropriation - Ria Vita Puangco

As we open our senses up to the various creative expressions of other cultures, the dynamics of colonizer and conquered continue to play out even in the way we claim inspirations as our own. How do we create collaborative spaces that can drink from cultural inspirations without activating a destructive colonizer mindset? In this session, discover how to recognize that mindset and help nudge it to a truly inclusive and respectful one, utilizing improv principles. Ria Vita Puangco, a strategist and applied improviser shares a framework for confronting this mindset in ourselves and moving toward a more equitable way of collaborating.

8:00 AM - 9:00 AM (UTC)

The Power of the Pause - Cathy Towers

Particularly on zoom, we can be tempted to fill the space with words. Yet silence is golden, and a pause can be precious. It is where healing happens, a space for nothing and everything at the same time as we shift from engaging an other to allowing the other to engage with us. Pausing can intensify both connection and meaning. It allows your audience or your participant to lean in, to co-create. It honors a place for the subconscious to ease to the fore and for the body to recalibrate, the mind to settle. This has long been known by meditators, body therapists (such as zero balancers), trauma therapists, dancers, and others. How do we approach pause from the world of improv, playful expression, and creativity? What are the challenges? What is the impact? This workshop will be part talk and part exploration in a naturalistic use of the pause. This workshop is geared to individual growth, though applicable to business, education, and social/humanitarian concerns

11:30 AM - 12:30 PM (UTC)

Improv to Teach Sustainability - Christian F. Freisleben

Dealing with the SDGs needs perceiving own capacities and evolving them also in peer learning and in taking actions together. Applied Improv is a fantastic mind- and tool-set in this area, especially in all areas of education (school, university, ongoing education). We will explore, use and evolve possibilities of various methods of Applied Improv on this really important topic. A focus will be key capacities and existing models on that. An important aspect in this workshop is dealing with emotions related to the climate crisis and transforming fear or hopelessness into action, that is related to one personal possibility. The workshop deals also with possibilities of networking supported with improv methods, supporting and encouraging each other. Along with the workshop is a collection of links and resources, that also will grow during the workshop.

1:00 PM - 3:00 PM (UTC)

Tuesday AIN Open Space - Open Space Team

Come to Open Space to play games, meet up with your AIN friends, try something new, receive support, initiate a conversation, or do whatever else you'd like to offer and enjoy. At the start of the call, we will hear from people offering topics and create breakout rooms for these topics for the first session. Then we'll open the rooms and everyone will be able to move between topic rooms as you like. At the top of the second hour, we'll hear pitches for session 2 offers and we'll open up those rooms. Everyone is welcome to play and/or offer topics. You are welcome to drop in anytime during the sessions or the afterparty. Stay for as long or as little as you like!

3:00 PM - 4:30 PM (UTC)

Your LinkedIn profile. Sell Improv better. - Jessica Breitenfeld

We are marketers who train. Once you accept that you are an entrepreneur who delivers improv you will start thinking of the benefits of using the language of your clients. We don't sell improv - we sell what the ideal client is looking for connection, confidence, or impact. Participants will leave with lots of feedback and a clearer idea of how to pitch on LinkedIn- without using the word Improvisation. Confidence will be the result- selling what they love with the language their clients love.

3:00 PM - 4:30 PM (UTC)

Reimagining Dementia and Social Change - Mary Fridley

Reimagining Dementia: A Creative Coalition for Justice is an international group of dementia activists and allies that came together in response to a broken system of care that created a perfect storm in which COVID-19 so disproportionately claimed the lives of older citizens across the world. Inspired by the millions of people across the globe who were calling for an end to racial, social, environmental, and economic injustice and inequity, the Coalition grew out of a desire to seize the moment to come together in new and more powerful ways. For the Coalition – which launched in Fall 2020 and currently has 550 plus members – this has meant bringing a diverse group of individuals and organizations together to challenge the dehumanizing narrative of dementia as loss/tragedy and to discover as we go forward how to meaningfully impact on an uncertain and unknowable world. While there is no way to know how well we will do, there is strong interest from people around the world in playfully creating a process that is as positive, inclusive, and just as the impact, we hope to have. Join us for an interactive presentation about the Coalition and how we can move the conversation about aging and dementia – and so many other important issues – in a new, more life-affirming, and improvisational direction.

6:00 PM - 7:00 PM (UTC)

Sneaking Play into Presentations - Jeff Rogers

This session explores how to utilize a play mindset to achieve innovative breakthroughs for clients by combining improvisation exercises and Design Thinking protocols. This is based on my book *The Playmaker Mindset*.

7:00 PM - 8:00 PM (UTC)

Use Short Videos to Flow Workshops - Bright Su

This session is to introduce the concept and tools that incorporate short videos into a workshop. With videos, it helps establish professionalism, setting tones, complementing improv games, reflection, mental break, and more. In short, it flows a workshop! Such 1-2 min videos could be workshop opener, closer, game/theme relevant video, promo, and the picture-generated video. The popular format of improv workshop might be game plus debrief, then move to the next round (another game plus debrief), while using short videos to flow workshops provide a unique “touch and feel” to participants, with enhanced engagement. This session will demo some short videos and walk audiences through the process to create a picture-generated video for a theme, say “Happiness”.

8:00 PM - 9:30 PM (UTC)

Using Yes Let's to Find Better Ways Through Power Struggles - Tony Cealy

Join veteran practitioner Tony Cealy on an exploration of the potential of the activity, "Yes, let's" to uncover new paths through a classic power struggle. He'll show filmed clips of a real session he ran 2 years ago in the UK that was in response to an impasse between traditional legacy power (a university), and newly emerging power (an uncredentialed highly successful black artist). The interventions are Boal inspired, but stripped down and built around the simplicity of "Yes, let's". How can this be built on? How can we use this in our work? Let's envisage new more just outcomes everywhere. Yes, let's!

9:00 PM - 10:30 PM (UTC)

Applying Improv Principles to our own Mental Health Journeys - Clay Drinko

After publishing his academic book Theatrical Improvisation, Consciousness, and Cognition, Clay Drinko, Ph.D. wasn't feeling the presence, flow, and connection in his everyday life that he often felt while improvising, so he created a twelve lesson/120 game system to use what we know and love about improv to become more curious, joyful, and grounded in our real lives. Join Clay as he talks about the origin of and science behind Play Your Way Sane and how it's helped him be less anxious and more mindful throughout his day. Clay will also guide participants through the twelve lessons by demonstrating some of the improv-inspired exercises, so come ready to play. Lessons include Calm the Hell Down, Finding the Game, Getting and Staying Positive, Embracing Mistakes, and Making Big Choices.

11:00 PM - 12:00 AM (UTC+1 day)

Turning Lemons into Lemonade - Yael Schy

None of us expected to be caught in the midst of a global pandemic. When everything shut down all around us, we were forced to be resourceful and innovative in reinventing ourselves. As someone who had always shunned online learning as being somehow "less than" the world of hands-on, in-person learning in which I had become so comfortable during my 20 years as a

facilitator, trainer, and coach, I was faced with the reality of having to throw away my old assumptions and embrace a new, technology-based world of working online. Surprisingly, I actually learned to absolutely love this world that was so new to me and even started a new business devoted to virtual International, Intergenerational Improv as a means of connecting people around the globe. In this workshop, I will present a case study of how I developed *Zoomers to Boomers Improv*, facilitating online improv classes and workshops with people from many countries, ranging from teens through elders, who together have become a "family." I will share my strategy in developing improv exercises designed specifically to cross-age and cultural boundaries, including a brief video documenting the impact this work had on the intergenerational participants. We will then play some of the games, and we will finish with small group discussions about how the AIN workshop participants could apply for this work in their own practice.

Wednesday, October 20, 2021 UTC

12:00 AM - 12:30 AM (UTC)

Third World Improv: A Safe Space in an Unsafe World - Monica Cruz

In the country with the longest lockdown, Third World Improv was able to create and sustain a nurturing online community with its successful transition from face-to-face classes to fully virtual ones. United by Improv Theater applied to quarantine life, engagement was high, friendships were forged and, interestingly, business was good in the third world.

2:30 AM - 3:00 AM (UTC)

President Chat #2 - Ed Reggi, AIN Board President

TBA

3:00 AM - 4:00 AM (UTC)

Wild West - Ana Gavin

Wild West is an improvisation game that gets you thinking on your feet and collaborating with others to create a story. No prior experience is required! The first part (30min) is dedicated to creating a safe space and to getting you familiar with improv theatre through fun exercises. In the second part (1 hour) you will become a character and join others in creating a new reality, exploring relationships, collaborating to achieve mutual goals, and yes, maybe getting your character killed in the process! Your character/s will be inspired in the Wild West, set in the 1860s! Have some props at hand to help you get into character! A hat, a scarf, a pan, etc., anything that you can wear visibly on zoom. The game will be explained in more detail before getting started. Your host will be Ana Sousa Gavin, storyteller and coach, founder of the Organic Storytellers. A session with Ana is always fun because she will easily get you trying new things

in a safe space.

8:00 AM - 9:00 AM (UTC)

Teaching And Learning Strategies For Language Acquisition and Language Learning - Sarah Hübner

Suitable for educators and applied improvisation facilitators working with educators who teach language acquisition (EAL, ESL, or any other “foreign” languages) to students of any age group. Applied improvisation activities are ideal for learning another language – no matter at what level the learners are. In this session, participants will receive a toolbox of activities to equip educators so that they can help students improve and practice grammatical accuracy, expand vocabulary, develop conversation skills and gain confidence in speaking. This playful approach motivates students and provides authentic speaking opportunities. As a result, students have a reason for communicating and want to communicate in the additional language.

9:00 AM - 10:00 AM (UTC)

Third Act - Play and Performance for Seniors - Nicola Pauling

Loneliness is worse than obesity for older people and while many services tend to the physical health needs of our grandparents few specifically support their social and emotional wellbeing. Voice Arts is one of them, a creative space based in Wellington New Zealand, Voice Arts brings play and performance (back) into the lives of older people, including those living with dementia and their care partners. In this session, Artistic Director Nicola Pauling speaks to the work of Voice Arts, the challenges and joys of working in the community with vulnerable older people.

10:00 AM - 11:00 AM (UTC)

AIN Watch Party Next - Hikaru Hu and Ankar Presentation

I would love to share my experience of my YouTube Live talk with professional improv performer Naomi Ikegami. We have bi-weekly 30 mins live talk on YouTube and Webinar since this April by watching recorded Naomi's improv shows. I as the second wave Applied Improviser and behavioral researcher ask Naomi as the first wave improviser what was happening inside the performers on the stage.

11:30 AM - 12:30 PM (UTC)

Improvising Social Skills in Classrooms - Oluwadamilola Abdula

This session will introduce you to how to improvise with children and educators in the classroom.

1:00 PM - 2:00 PM (UTC)

Applied Improvisation in STEAM: The VIVITA Philippines Experience - Gabe Mercado

When the Philippines participated for the first time in the world PISA rankings (the most influential student assessment worldwide on reading, science, and math) in 2018, it ranked at the near bottom of the results. VIVITA Philippines - a small STEAM center for human autonomy was set up in 2020 to help bring the joy, the inventiveness, and the discovery back into STEAM education by providing a maker space and creativity accelerator for kids aged 8 to 15. VIVITA Philippines co-founder and applied improviser Gabe Mercado shares their story, their method, and their challenges in this session.

2:00 PM - 2:30 PM (UTC)

Researching and Evolving Improv - Christian F. Friesleben

This is a session for everybody researching Applied Improv and/or using improv methods as a research approach. We will discuss current research “threads” and those that should be tackled. We will discuss research questions, (participative) methods, dissemination, cross-bordered research projects.

3:00 PM - 4:30 PM (UTC)

It's Not the Game; It's the Debrief - Izzy Gesell

The power in Applied Improv is generated from the insights and take-aways the games spark in the players. This workshop offers practical insights and immediately applicable ways to incorporate questions, prompts and deeper dives into the experience the games offer. The goal is to add a facilitation mindset to your improv skillset.

4:30 PM - 5:30 PM (UTC)

The core factors of improvisation. Scientifically understanding and teaching applied improvisation - Lucas Zenk

The dynamics and complexity of the challenges of our work and lives result in a high number of unpredictable situations. Improvisation describes the phenomenon of dealing with such unexpected situations while creating new solutions in real-time. However, a systematic analysis of the underlying factors and characteristics of this concept of improvisation as a general human behavior remains missing. In our study, experts who work professionally in highly dynamic environments including the arts, innovation, entrepreneurship, and emergency forces were interviewed and analyzed in-depth over a one-year period. Based on a grounded theory approach, eight crucial factors were identified, which describes a first system model of improvisation (www.improvisation.science) In this presentation, the system model will be presented as well as the one-week university course "Business Improvisation" to teach these crucial 21st-century skills and competences.

5:30 PM - 7:00 PM (UTC)

Building EDI with Everyone, Everyday - Raquell M. Holmes

In 2020 US citizens threw the country into a national dialog and demanded a new response to the present and historical impact of racism. Applied improvisers, business leaders, and longtime collaborators, Dr. Raquell Holmes of improvscience and Maureen Kelly of Performance of a Lifetime (POAL) were invited into the conversation by clients and colleagues. Clients, mostly White corporate and academic professionals, asked, “Can you help us respond and take new action?” Our colleagues, White and Black asked, “What are you doing with the power you have?” We did not know. Yet, we knew we had the improvisational ability to bring people together to create something new. In this session, we share our process and discoveries in the creation of two projects: improvscience’s Uncomfortable Independent Conversations and POAL’S Global Design Ensemble. We’ll explore the power of applied improvisation to engage people as builders of environments where we can explicitly talk about race in ways that bring human beings closer to one another. This process--supporting and inviting groups to create their environments--taps our collective power to drive towards equity, diversity and inclusion for everyone in everything, every day.

7:00 PM - 7:30 PM (UTC)

The Piano as a Scene Partner - Laurence Owen

Between July and September, I'm using Applied Improvisation principles in the service of The Leeds Piano Trail, a festival that celebrates the piano, the environment, and local Leeds communities. My job is to come up with a digital app that encourages people to interact with a piano, for what might be the first time in their lives. In this talk, I cover how I developed the concept, and deployed it as part of the festival programme.

7:30 PM - 8:30 PM (UTC)

Improvising Beyond Gender - Aurelie Harp

If we can create new stories, we can create new relationships. We believe that unscripted conversations will transform the cultural narrative from individual labels to human connections. The world tells us: I’m strong, you’re weak. I’m right, you’re wrong. I belong, you don’t. Instead, Womanity challenges you to say: Yes, And... I hear you; I see you; let’s build together. The Womanity Project invites us to take a pause to be curious and reflect on what defines us individually and collectively and how we can transform our cultural narrative from individual labels to human connections. Through storytelling and theater improvisation, we help people explore and define their own path to empowerment by establishing who they are and want to become within their community.

8:30 PM - 10:00 PM (UTC)

Liberation, Social Justice and Satire - Tavish Forsyth

Queer liberation and improv are both deeply rooted in the embodied practice of freedom, responsibility, and co-creation. Social justice and improv have a lot in common too, not the least of which is that they are the products of cultural exchange, teamwork, and compassion,

empowering individuals to show up as their whole self and create space for others to do the same. This presentation will explore conceptual frameworks and practices for centering liberation and justice in the improvisational process.

8:30 PM - 9:00 PM (UTC)

Getting Past Your Creativity '3': Applied Improv through Writing - Alex Levinton

Creativity can be intensely personal, fickle, traumatic, healing, empowering -- a lot like life. As facilitators of applied improvisation or creativity, we've heard clients say, 'Oh, I'm a businessperson so I'm not creative' or 'I can't draw/sing/do improv,' as though creativity was one-size-fits-all, or just dedicated to the arts. Improv opens the door that unleashes the boldness of both psychological safety and bravery. We've all witnessed improv miracles. But how can we use this magic to help our clients get past those dreaded 'level 3'* barriers? How can we use improv through writing, brainstorming, and list-making to find their own individualized creativity or to find their voice? And, how do we help them start climbing up that ladder, wherever they are?

*Will explain 'level 3' in the session!

10:00 PM - 11:00 PM (UTC)

Using AI to Create Connections in the Chaos - Amy Angelilli and Gary Ware

There is no better word to describe the past 18 months other than chaotic. How can we, as applied improvisation practitioners, hold space for people to connect despite the chaos? Connection is more important than ever right now, and we have the ability to facilitate a human-to-human connection in organizations that may have neglected these opportunities in the past. Using cooperative play, we'll explore ways we can highlight the gift of humanity in our offices, in our schools, and in our community groups – even if these spaces and places continue to be virtual while the COVID chaos continues.

11:00 PM - 12:00 AM (UTC+1 Day)

How to Manage Stress - Brent Darnell

The pandemic has been traumatic for many and stress levels are high. This session will explore the concept of stress and its effects and how to deal with them effectively using improv concepts and interactive learning. The first step is to recognize the symptoms of stress. Then, we will explore the concept of stressors versus recovery and how to manage stress by reducing our stressors and building in more recovery. We will offer our Body Battery Inventory that measures stressors versus recovery activities and offer skills such as proper breathing, mindfulness, meditation, and silence as ways to recover from the stressors in your life. Everyone will also create a stress/recovery plan.

Thursday, October 21, 2021 UTC

12:00 AM - 1:30 AM (UTC)

Lessons Learned from Documenting Applied Improvisation - Caitlin McClure, Theresa

Robbins Dudeck, and Gary Hirsch

Please join this moderated conversation with Caitlin and Theresa, editors of two books of case studies that showcase the depth and breadth of the field of Applied Improvisation, hosted by Gary Hirsch, co-founder of On Your Feet, and contributor to the first of the two books. Caitlin and Theresa met in 2013 at the Austin AIN conference, where they realized they both fervently believed in the need for a book to show the world the range of AI work that we have been seeing all around us. Out of that conversation grew their first book, Applied Improvisation: Leading, Collaborating and Creating Beyond the Theatre. The second in the series, The Applied Improvisation Mindset: Tools for Transforming Organizations and Communities, goes beyond describing what AI is and focuses more on how an AI approach/mindset is exactly what the world needs to harness the power of uncertainty and see today's challenges as opportunities to transform.

2:00 AM - 3:00 AM (UTC)

Facilitation Practices for Multicultural Working Teams - Ria Vita Puangco

How do you, as a facilitator, create an environment in a workshop or training session that feels welcoming to a diverse set of attendees? More and more teams are becoming multi-cultural. This includes immigrants from various source cultures, as well as people who work, live, and have citizenship in other countries. Learn a set of improv-inspired practices that are able to create a bridge across diversity dimensions, and get the best out of the time you have with participants. Ria Vita Puangco, a strategist and applied improviser, compiles a list of practices to strengthen any facilitator's capability to welcome diversity in any collaborative group, and challenges attendees to stretch their inclusion muscles beyond the current diversity rhetoric..

3:00 AM - 4:00 AM (UTC)

Pulse Check - Kat Koppett

As we pass the halfway mark of our conference, (where does the time go?) we want to take a moment to pause and check-in. How are we doing? Do you feel a sense of belonging? In what way are you able to show up as your authentic self? In what ways not? How much fun are you having? What value are you receiving? What gaps are there in what you hoped to receive? In this interactive discussion, we will deliberately focus on our individual and collective experience - while we're having it - to enable us to accept and build with what's working and ask, "What does the scene need?" as we continue on for the rest of the week.

8:00 AM - 8:30 AM (UTC)

Improv-Is-Asian Festival - Monica Cruz

ImprovIsAsian is a festival borne out of a lack of representation of locally Asian groups.

9:00 AM - 10:00 AM (UTC)

Decade Blending: How to Dissolve Workplace Ageism - Victoria Hogg

This practical workshop invites people of all ages to ask themselves: "How Old is 'Old', Anyway?" Using improv techniques and conversational prompts, we explore: Who's the enemy, who's the ally; What to do if faced with ageism; Where age-related power and weakness sits in a group; Why we are all ageist; How to create positive communication pathways for everyone; Whether age separation is ever helpful The workshop will be a cameras-on, sound-on play session, and everyone will contribute to finding the session's unique answers together.

10:00 AM - 11:00 AM (UTC)

Improv in Education - Jørgen Moltubak

How can educators draw advantages from applied improvisation? How can improvisation contribute in transforming the school system globally? In this panel discussion, we will discuss how an improvisational mindset and exercises can be applied in educational systems.

1:00 PM - 2:30 PM (UTC)

Improv for People with Parkinson's, Movement Disorders & Care Partners - Margot Escott

I have been presenting this workshop for several years at NASW (National Association for Social Workers) conventions. I've been teaching people with PD, other movement disorders, people with dementia, and care partners for the past 4 years. I review the history of improv as it relates to mental health, explain specifically how improv benefits this population. There is a PowerPoint presentation and videos of my classes (all students have signed waivers to share their images). I invite the participants to play games/exercises in breakout rooms.

2:30 PM - 3:00 PM (UTC)

President Chat #3 - Ed Reggi, AIN Board President

During in-person conferences, some of the best conversations are held around the coffee or snacks table. It can be the best way to meet the membership and for the membership to meet who represents this organization. I follow in some amazing footsteps of leadership within this organization. I would love to meet you and for you to meet me, come join this short break together.

3:00 PM - 4:30 PM (UTC)

Utilizing Applied Improvisation in Trauma-Informed Practices for Education - Christiana Frank and Robin Fox

This highly interactive training will help participants understand the impact of trauma on

educators and students. Participants will learn, practice, and customize Applied Improvisation strategies and activities that can be easily embedded into existing frameworks and Social-Emotional Educational practices. The approach supports authentic learning, a responsive classroom, and conditions for belonging and psychological safety. Participants will: Define and conceptualize trauma for educators and students; Gain a deeper understanding of the impact of trauma on child development; Identify what a trauma-sensitive school is, following guidelines from SAMSHA and the CDC; Learn how the process decreases chronic suspensions and student discipline referrals while increasing student's retention of content, engagement, and motivation.

4:30 PM - 5:30 PM (UTC)

Pulse Check - Kat Koppett

As we pass the halfway mark of our conference, (where does the time go?) we want to take a moment to pause and check-in. How are we doing? Do you feel a sense of belonging? In what way are you able to show up as your authentic self? In what ways not? How much fun are you having? What value are you receiving? What gaps are there in what you hoped to receive? In this interactive discussion, we will deliberately focus on our individual and collective experience - while we're having it - to enable us to accept and build with what's working and ask, "What does the scene need?" as we continue on for the rest of the week.

5:30 PM - 7:00 PM (UTC)

Harvard Project Zero's Visible Thinking Routines As Reflection Tools In Applied Improvisation - Sarah Hübner

Harvard Project Zero's Visible Thinking Routines As Reflection Tools In Applied Improvisation activities are essential in experiencing specific scenarios and acquiring knowledge and understanding. Nevertheless, studies prove that it requires deep reflection to make those experiences long-lasting and effective. As part of Harvard's Graduate School of Education, Project Zero developed visible thinking routines to extend and deepen students' thinking. Visible thinking routines are simple structures and can be applied to a wide range of learning contexts, including adult learning. Many of these routines are great reflection tools that can be easily combined with applied improvisation activities.

7:00 PM - 8:30 PM (UTC)

Growing the AI Movement for Social Change - Rita Ezenwa-Okoro

The power of applied improvisation, play, and performance for social change and human development is profound, alive, emergent, and growing by leaps and bounds. Interact with the founder and visionary of Street Project Foundation in Nigeria, Rita Ezenwa-Okoro, and learn how she expanded her work during Covid using improv, theater, and performance for youth development, social protest, cross-cultural dialogue, and building a New Nigeria movement. Hang out with the Dean of Lloyd International Honors College, and Professor of Comparative African Diaspora History at the University of North Carolina at Greensboro, Dr. Omar Ali, to experience his work to infuse improvisation, performance, and play before and then during the

pandemic into the curriculum and the culture of the college while also creating activist ties to the community off-campus. Play with the founder of the AIN endorsed Global Play Brigade (GPB), CEO Emerita of Performance of a Lifetime, and radical educator/improviser/coach Cathy Salit to hear about the international community of applied improvisers, clowns, educators, therapists, musicians, scholars, artists, who stepped up when the pandemic began to give their time and talent to co-create with thousands of others in the building of a movement/network/community that reaches into homes, workplaces, communities, universities, and across geographies. Let's together explore how to continue to grow and transform the global applied improvisation movement for social change!

9:00 PM - 10:00 PM (UTC)

Improv and the Medical Conversation: Going beyond Diagnosis and Creating Health - Susan Massad and Beth Boynton

A gratifying trend in Medicine is that the privileging of decision-making by medical providers is under question, and there is a greater interest in incorporating the patient's perspective in all aspects of medical care. This cultural shift in the practice of medicine has inspired a deeper exploration of how to support therapeutic interactions moving in more relational, patient-inclusive directions. The East Side Institute faculty working with Performance of a Lifetime introduced improv training into medical training in the mid-'90s and has continued to explore improv as a valuable approach to transforming medical interaction. Improvisation (the "yes/and" activity) provides openings for conversations that invite curiosity about the patient's perspective, and the emergence of more democratic, collaborative exchanges. The recent pandemic experience has only highlighted the need for more social collaborative practices in health care as an alternative to the individualistic authoritarian approach's dictated by the medical model. The proposed interactive workshop is open to everyone who wants to improvisationally transform the culture of health care and healing. Participants will have the opportunity to play/perform with language, meaning-making, and medical terminology (i.e. diagnosis, cure, causality, explanation) and to improvisationally create new collaborative environments where healing activity can take place.

10:00 PM - 10:30 PM (UTC)

The Monologue Sandwich - Bobbi Block

Learn a quick and easy, tested, and honed formula for improvising a 60-second monologue. The tone of the monologue is 'seriocomic:' lighthearted and playful while also dramatic and revealing. After we all practice the pure art of delivering the 'monologue sandwich' formula, we will have a free-form exchange of its many possible off-stage applications.

11:00 PM - 12:30 AM (UTC+1 day)

Inside Out: Accessing, Managing and Employing Your Inner Voices - Kat Koppett and Dion Flynn

From the earliest Greek drama to recent Pixar animated films, the voices in our heads have

fascinated us. They compel, motivate, torment and inspire, while often eluding our conscious awareness. Increasingly, coaches, trainers, and leadership development experts have pointed to "managing our self-talk" as a path toward success and resilience. But how can we get better at consciously hearing those voices in the first place? How can we engage with them beyond simply "managing" them, which is often code for turning down the volume or arguing back? Enter the improviser. In this session, Kat and Dion will demonstrate and facilitate an improvisational process for deepening our awareness of our multitude of inner voices, and for expanding our capacity to "yes-and" ourselves.

Friday, October 22, 2021 UTC

1:00 AM - 3:00 AM (UTC)

Asia-Pacific AIN Open Space - Open Space Team

Come to Open Space to play games, meet up with your AIN friends, try something new, receive support, initiate a conversation, or do whatever else you'd like to offer and enjoy. At the start of the call, we will hear from people offering topics and create breakout rooms for these topics for the first session. Then we'll open the rooms and everyone will be able to move between topic rooms as you like. At the top of the second hour, we'll hear pitches for session 2 offers and we'll open up those rooms. Everyone is welcome to play and/or offer topics. You are welcome to drop in anytime during the sessions or the afterparty. Stay for as long or as little as you like!

9:15 AM - 9:45 AM (UTC)

Presentation Be Like Water Presentation - Bart Jurkowski

During this talk, I would like to share my findings on alignments between Bruce's Lee philosophy and fighting system (Jeet Kune Do) and applied improvisation. From that perspective, we can all enrich our understanding of what reaction toward change means in martial arts and how it connects to the ability to improvise. I will use clips from interviews and texts that had remained after Bruce to risk a statement that Bruce Lee was an improviser and we can all learn from him.

10:00 AM - 11:30 AM (UTC)

Storytelling online - Susanne Schinko-Fischli

Online, we have a reduced direct effect on each other compared to events where we're physically present. This makes stories all the more important! Personal and true stories help to overcome psychological distance and build closeness and trust. Storytelling is a human instinct, we all love to listen to a good story, but quite often we end up providing too many unimportant details and hold back our personality. In improvisational theatre, stories are invented as a joint effort, in the moment. To do this, it is necessary for the players to know how stories are structured, that real teamwork is required and that they should focus less on their own egos, but on the story. In this

workshop, you will learn with exercises from improvisational theatre how stories are built up, what makes a story work and how you can apply those techniques for your next online presentation, meeting, or workshop.

11:30 AM - 12:00 PM (UTC)

President Chat #4 - Ed Reggi, AIN Board President

Ed Reggi addresses the registrants and members of the Applied Improvisation Network.

12:00 PM - 1:00 PM (UTC)

Improv meets Design Thinking - Stefan Kollmeier

As an UX Designer and Design Sprint Facilitator, I use the Design Thinking framework. Several years ago I realized the similarities and synergies possible with my other passion - applied improvisation. In this workshop, I take you on a journey through the framework and a set of improv tools that enrich the experience for people using it. We will play around with the tools and talk about ways to apply and adapt them.

2:30 PM - 4:00 PM (UTC)

Teaching Public Speaking and Presentation Skills - Jackie Gnepp

Let's share best practices and recent developments in teaching public speaking and presentation skills using Applied Improvisation. Applied improvisers are often called upon to teach this topic in workshops and college classrooms, yet not all of us have been trained and qualified in this area. This session provides space for those of you who teach speaking and presentation professionally and/or regularly to exchange skills and knowledge for doing so in both in-person and hybrid formats. Less experienced teachers and other interested applied improvisers are welcome as well -- this is your chance to learn from the best!

4:00 PM - 5:30 PM (UTC)

Playing with Strangers: Breakthroughs in Applied Improvisation with the Global Play Brigade - Cathy Salit

Youth from Nigeria. University professors from Brazil, the US, and Belgium. People with mental illness diagnoses from Gibraltar, the UK, and Japan. Students from China and India. Theater artists from Tanzania. Nursing home residents from the US. Software engineers from Mexico. These are some of the people who make up the Global Play Brigade, formed in June 2020 as COVID was spreading throughout our planet. They came to their phones, WhatsApp channels, and zoom screens to play, improvise, make stories, cry, laugh...with strangers from all around the world. They spread the word about this unusual and diverse emergent community to their friends and family and before we knew it a year had passed and over 5000 humans from 62 countries participated in co-creating 275 work/playshops. What does this mean? How did this happen?

What are we seeing and discovering? What and how do we continue this kind of movement, these new kinds of conversations and relationships, and not relapse into a “normalcy” which has produced division, alienation, loneliness, along with huge inequity across our planet? Join us in a playfully serious examination of how applied improvisation and playing with strangers might just be the key to changing our world.

5:30 PM - 6:30 PM (UTC)

Book Club

This is a special conference edition of our book club, co-hosted by Paul Z Jackson and Jeanne Lambin. We'll discuss ‘What are Applied Improvisers reading?’ and consider what writings any practitioners might like to have on the ever-expanding bookshelf. We'll intersperse that with a bookish game or two.

6:00 PM - 7:30 PM (UTC)

Playback Theatre performance: Improvising the next steps in our lives. Stories of resilience and perseverance - Perspectives

What are we doing with what life throws at us? Perhaps your life is challenging in some way. You are dreaming or longing for something or someone. Or maybe you have already planted some seeds and are waiting for them to sprout and grow. Can you already see your next step in life? Visualizing your desire is empowering. If you can see it, you can create it. And that is exactly the transforming power of playback theater. The reflection of each story is inspiring and empowering to others. Don't have a story to share or aren't ready yet? No problem. Even then, you can find inspiration for your own dreams or strength for your next step in the story of one of the other participants. With Playback Theatre we transform personal stories from audience volunteers respectfully into theater pieces on the spot. Playback Theater is used widely: from training to therapy, from celebration to conflict resolution, within organizations and the broader community,... In this performance, we explore the power of improvisation to bring dreams and desires to life. If you've never seen a Playback Theater performance, here's your chance now!

7:00 PM - 9:00 PM (UTC)

Friday AIN Open Space - Open Space Team

Come to Open Space to play games, meet up with your AIN friends, try something new, receive support, initiate a conversation, or do whatever else you'd like to offer and enjoy. At the start of the call, we will hear from people offering topics and create breakout rooms for these topics for the first session. Then we'll open the rooms and everyone will be able to move between topic rooms as you like. At the top of the second hour, we'll hear pitches for session 2 offers and we'll open up those rooms. Everyone is welcome to play and/or offer topics. You are welcome to drop in anytime during the sessions or the afterparty. Stay for as long or as little as you like!

8:30 PM - 10:00 PM (UTC)

Applying Improv to Uncover Our Biases - Mary Parker

How can we use improv to interrupt the bias we carry with us? This workshop will teach you how to become a more compassionate listener in these challenging times. Using the foundational components of listening in improv, participants will play games and learn how to be more mindful in interactions that increase awareness to be better humans.

10:00 PM - 11:00 PM (UTC)

Improv for Language Learning - Ingrid Broussillon

In the session, I will introduce myself, share a little bit of my story I this idea came to me. Then I will explain how I use improv and acting games to teach the French language. My goal is to help the participants to practice with fun so they can speak it with confidence. As we know best way to improve confidence is acting and improv. I will share with the audience my program and some games that I use in my session. And the end of my session if possible / allowed I would love to do a call to action to have other language teachers or scriptwriters (for acting/show) and stage director join me and create a group to promote language learning through acting and improv games.

10:00 PM - 11:00 PM (UTC)

Dare to Prosper through Play - Vanessa Wilde

In this session, we focus on applying specific improv principles and games to developing a more creative and prosperous business.

11:00 PM - 12:30 AM (UTC+1 day)

Empowering Teens and Beyond - Staci Block

In this experiential workshop, participants will learn a variety of applied improvisational techniques, games, and exercises that are used “behind the scenes” by the Reflections teen theatre program to prepare their volunteer high school cast members to do interactive performances for schools, client groups, parent programs, conferences, staff in-services, and community events. You will get a taste of reality as the teens step into roles and dramatize scenarios about adolescent issues. They will remain in character, and they will dialogue with the audience to answer questions, accept advice and generate alternative solutions. This will be followed by their coming out of character and we will explore how this creative, meaningful work is beneficial for both the cast members themselves and the audience.

Saturday, October 23, 2021 UTC

1:00 AM - 2:00 AM (UTC)

Psychological Safety through and for AI - Kirsten Anderson and Jean Bonifas

Join Kirsten and Jean for a meaningful conversation on creating AIN sessions in which

participants feel safe to talk about how they feel and what they need without humiliation or punishment. Together we will 1. Define psychological safety 2. Discuss how it feels for us as facilitators 3. Explore AI facilitation challenges of creating safe spaces 4. Share AI activities that support psychological safety 5. Play with the group generated ideas to meet our objectives for safer sessions.

2:00 AM - 2:30 AM (UTC)

President Chat #5 - Ed Reggi, AIN Board President

During in-person conferences, some of the best conversations are held around the coffee or snacks table. It can be the best way to meet the membership and for the membership to meet who represents this organization. I follow in some amazing footsteps of leadership within this organization. I would love to meet you and for you to meet me, come join this short break together.

2:30 AM - 3:30 AM (UTC)

Use Short Videos to Flow Workshops - Bright Su

This session is to introduce the concept and tools that incorporate short videos into a workshop. With videos, it helps establish professionalism, setting tones, complementing improv games, reflection, mental break, and more. In short, it flows a workshop! Such 1-2 min videos could be workshop opener, closer, game/theme relevant video, promo, and the picture-generated video. The popular format of improv workshop might be game plus debrief, then move to the next round (another game plus debrief), while using short videos to flow workshops provide a unique “touch and feel” to participants, with enhanced engagement. This session will demo some short videos and walk audiences through the process to create a picture-generated video for a theme, say “Happiness”.

9:00 AM - 10:00 AM (UTC)

AI Methods for Professional Coaching - Aija Iesalniece

A theoretical and practical introduction with research I have done. Starting with research data and data-based conclusions, followed up with practical examples and tasks. Research about applying methods of improvisational theater in group and individual coaching and supervision sessions.

10:00 AM - 11:30 AM (UTC)

Two Kingdoms at Discord - Ulises Moreno Sorena

A workshop aimed to develop competencies of teamwork, negotiation, strategic planning, ethics, communication, client's service, and leadership where through improvising participants must solve the situation present at hope island

11:30 AM - 12:30 PM (UTC)

Video As A Coaching Tool Shifts from Optional to Essential - Byron Stewart and Joseph Holtgreive

To get students out of their chairs and away from the screen, we have been using individual and team video assignments in which students upload videos of themselves and their teams completing improv exercises. Since the pandemic began, we started implementing video assignments in our remote Engineering Improv courses, which introduces Northwestern University engineering students to improvisational techniques. Engineering Improv I: The Art of Allowing and Engineering Improv II: The Art of Application are both offered through Northwestern's McCormick School of Engineering's Office of Personal Development. In this session, we will share what we've learned using prerecorded video assignments as teaching tools for assessment, observation, and preparation of our improvisers and explore what's next as we return to in-person learning

12:30 PM - 2:00 PM (UTC)

Designing Your Improvised Life - Jeanne Lambin

In a complex volatile uncertain complex and ambiguous world, it can be hard to figure out what's now and what's next. Join Jeanne, a certified Designing Your Life Coach, and find out what happens when storytelling and applied improvisation meet the Designing Your Life framework. In this interactive workshop participants will go through a series of exercises where they consider: their improv origin story, contemplate where they are now, ponder what's possible, and imagine the legacy that they would like to leave behind. We will finish by creating an artifact to help guide you to that imagined future.

2:00 PM - 3:00 PM (UTC)

AIN Board meeting - AIN Board - Led by Ed Reggi, AIN Board President

The meeting is open to everyone attending the conference. Consider this AIN's *A Year in Review* to get everyone caught up to what our organization has done since our last conference in 2019 up to today!

3:00 PM - 3:30 PM (UTC)

Wing it to Win it! Leveraging Applied Improvisation to Drive Business Growth - JD Gershbein

The global pandemic stripped away our ability to convene in person with family, friends, co-workers, and employers and forced us all online. In business circles, working remotely increased our reliance on social media platforms, which, in conjunction with Zoom, underscored the

importance of showing up well in the virtual world to sell products, services, and ourselves. For many, this was uncharted territory, which necessitated the acquisition of new knowledge and the development of digital technology skills to maintain a sense of connectedness with customers, potential customers, employees, and influencers. As we inch toward a post-COVID world and businesses seek to refocus and reclaim momentum, one thing is for certain: Strategy and tactics will only take you so far. At some point, ‘ya gotta improvise. Join JD Gershbein for an amusing, thought-provoking exploration into online business communication and how the techniques of applied improvisation can help tee up professionals for long-term career success.

4:00 PM - 5:30 PM (UTC)

Improv our way to Climate Change Engagement—Climate Change for Improvisers - Bobbi Block, Karen Strong & Lisa Yeager

Climate change is a crisis that is dramatically affecting weather patterns and human well-being around the world. Governments aren't doing nearly enough to avert the impacts we're already experiencing. So what can improvisers do? In the U.S., 63% of adults report being worried about global warming, yet only 35% discuss it even occasionally. We need more people to talk about climate change because you simply can't fix what you don't talk about. And that's where improv comes in. In this workshop, we will share the basics about climate change, its impacts, and solutions and use interactive exercises to experience how all of us can use the tools of applied improv to help others understand the crisis and motivate them toward civic engagement and action.

4:00 PM - 5:30 PM (UTC)

Create Client Connection and Credibility Using Vulnerability - Marc Levine

Vulnerability is the new sexy. Research proves that is a gateway to connection and even credibility. It's vital to show our humanity during uncertain times. Questions abound. "Will I reveal too much? What if it damages my already shaky credibility with participants? Will I come off as needy to business leaders who control budgets? Or will I simply show myself to be an idiot and be embarrassed?" These are great questions and reasons many colleagues avoid sharing and revealing their world. And yet it's very hypocritical. How can we ask participants to take risks in role-plays when we don't do the same? How can we ask anyone to step out of their comfort zone if we don't lead the way? Yes, when we lead the way, typically others follow. I've discovered that when I reveal my world and share my stories, business leaders come closer and listen deeper. They become willing to invest. As I share my challenges and missteps with participants they laugh and join me. I've effectively used vulnerability with clients ranging from non-profits to Fortune 500's including Prudential and Citibank. In this session, you'll learn a safer path to reveal your world. We'll explore your stories. You'll practice and receive feedback.

5:30 PM - 7:00 PM (UTC)

All are Welcome - Making Good on the Promise - Shannon Stott

We say it about many of our events, put it on our work flyers and social invitations and wonder

why the same people show and the same people don't. Let's explore our language, our imagery, and our intentions used to invite people to gather for our functions. Let's restore the faith in the 'All' of "All are Welcome".

5:45 PM - 6:45 PM (UTC)

Meaningful Connections and Reflections - Brett McDonald

Applied improv workshops are often full of laughter and silliness, which is fantastic! But they can also be a space of authentic connection, and personal reflection, and growth. During this interactive hour, I will guide you through memorable games and exercises to get you stretching your minds (and bodies!) and connecting with each other in different ways. I will also demonstrate the importance of guiding meaningful reflection amongst the fun, ensuring you walk away with an understanding of the significance of the games.. and potentially even your own 'a-ha' moments of personal growth!

7:00 PM - 9:00 PM (UTC)

Performance

International Improv Performers!

9:00 PM - 11:00 PM (UTC)

Party - ORQUESTA FALLO MUÑOZ direct from Lima Peru

Playing good music is not enough to have a magical event, we spice it up with a little bit of energy, dance, and a lot of fun on stage, trying to set up the perfect party.

PERO COMO HACER BUENA MUSICA NO ES SUFICIENTE PARA TENER UN EVENTO MAGICO, LA MEZCLAMOS CON UNA SOBREDOSIS DE ENERGIA, BAILE Y MUCHA DIVERSION SOBRE EL ESCENARIO TRATANDO DE CREAR UNA FIESTA PERFECTA PARA CADA UNO DE NUESTROS CLIENTES

Sunday, October 24, 2021 UTC

1:00 AM - 2:00 AM (UTC)

What Comes Next for AIN? - Led by Ed Reggi, AIN Board President

What are our plans and desires as an organization? Meet Board members of the Applied Improvisation Network to hear what's coming up, ask any questions, and put forward your ideas. Facilitated by AIN President, Ed Reggi.

2:00 AM - 3:30 AM (UTC)

Interactive Plenary

TBA

3:30 AM - 5:00 AM (UTC)

Conference Closing Ceremony #1

TBA

5:00 AM - 7:00 AM (UTC)

Performance

International Improv Performers!

7:00 AM - 10:00 AM (UTC)

Party!!

Join us in a virtual music dance celebration led by Taipei City-based artist Divi.

2:00 PM - 3:30 PM (UTC)

Redefining Bad Ass - Patti Schull

"What knocks you off your game? We invite you to come play knocked-off or Redefining Bad Ass An online improv game that takes you into 'the high-performance Zone' when you are criticized, put down, made wrong, or any other conversation downer. Three ways to play: Join as a featured guest player, play by typing in your game show response or sit back and enjoy the show. When you and your team are in the Zone, you are focused on the next effective action. Nothing knocks you off your game. You and your team protect each other from negative conversations with diplomacy and lightness. Staying focused is the #1 aim of every player and every team, despite negative attacks. Play our online game and Redefine Your Bad Ass.

4:00 PM - 5:30 PM (UTC)

What comes Next for AIN? - Panel Discussion

What are our plans and desires as an organization? Meet Board members of the Applied Improvisation Network to hear what's coming up, ask any questions, and put forward your ideas. Facilitated by AIN President Emeritus, Paul Z Jackson.

5:30 PM - 7:00 PM (UTC)

Conference Closing Ceremony #2

TBA